

**DIRECTORY**

<p><b>GRACE CHURCH</b>  <i>Franklin Ave,                  PO Box 366                  Millbrook, NY 12545                  Phone 845-677-3064                  Fax 845-677-3134                  Office Hours:                  Mon.-Fri 9-2</i>  <a href="http://www.gracemillbrook.org">www.gracemillbrook.org</a>  <a href="mailto:office@gracemillbrook.org">office@gracemillbrook.org</a>                  Grace Notes Articles  <a href="mailto:dmnewton79@gmail.com">dmnewton79@gmail.com</a></p>	<p><b>CLERGY AND STAFF</b>                  The Rev. Dr. Matthew Calkins, Rector  <a href="mailto:calkins@gracemillbrook.org">calkins@gracemillbrook.org</a>                  David Swift, Facilities Manager                  Deborah Coconis, Preschool Director                  Cindy Schmoke, Secretary                  Evelyn Garzetta, Director, Grace Latino Outreach (GLO)                  Denise Bassen, Organist and Director of Music                  Abby Nathanson, Director Engaging people in Change (EPIC)                  John Lacey, Lisa Lacey, and Betty Rae Nittiskie, Sunday School Coordinators</p>												
<p><b>VESTRY</b>  <u>Wardens:</u>                  Kathryn Calame                  Barbara Rudy  <u>Treasurer:</u>                  Cathy Shanks, Class of 2018  <u>Members:</u>                  Lynda Boissey, Class of 2018                  Pamela Freeman, Class of 2016                  Evelyn Garzetta, Class of 2016                  Nanci Kryzak, Class of 2017                  John Lacey, Class of 2017                  Ron Mustello, Class of 2018                  Kyle Van De Water, Class of 2017                  Beth Willis, Class of 2016</p>	<p><b>TASK FORCES AND PROGRAMS</b></p> <table border="0"> <tr> <td data-bbox="513 690 895 755"> <p><u>Outreach:</u>                      Chair: Robin Capers</p> </td> <td data-bbox="895 690 1241 755"> <p><u>Stewardship Committee:</u>                      Kathryn Calame, Barbara Rudy</p> </td> </tr> <tr> <td data-bbox="513 755 895 917"> <p><u>Latino Outreach:</u>                      Chair: Evelyn Garzetta, Kathryn Calame, Walter Cadette</p> </td> <td data-bbox="895 755 1241 917"> <p><u>Buildings &amp; Grounds:</u>                      Bill Hogan - Chair, Joe Garzetta, Richard Lucal, Ron Mustello, John Rudy, David Swift</p> </td> </tr> <tr> <td data-bbox="513 917 895 1063"> <p><u>Fundraising:</u>                      Pamela Freeman, Evelyn Garzetta, Betty Rae Nittiskie, Janelle Styles</p> </td> <td data-bbox="895 917 1241 1063"></td> </tr> <tr> <td data-bbox="513 1063 895 1161"> <p><u>Lay Server Schedulers:</u>                      Joan McGilvray, Evelyn Garzetta</p> </td> <td data-bbox="895 1063 1241 1161"></td> </tr> <tr> <td data-bbox="513 1161 895 1291"> <p><u>Hospitality Committee:</u>                      Jean Hayes, Katherine Mustello, Betty Rae Nittiskie</p> </td> <td data-bbox="895 1161 1241 1291"></td> </tr> <tr> <td data-bbox="513 1291 895 1472"> <p><u>Finance Committee:</u>                      Barney Calame, Larry Graham, Cathy Shanks</p> </td> <td data-bbox="895 1161 1241 1472"> <p><b>ALTAR GUILD</b>                      Jean Hayes, Director                      Susan Quigley, Flower Chairperson                      Betty Rae Nittiskie, Secretary</p> </td> </tr> </table>	<p><u>Outreach:</u>                      Chair: Robin Capers</p>	<p><u>Stewardship Committee:</u>                      Kathryn Calame, Barbara Rudy</p>	<p><u>Latino Outreach:</u>                      Chair: Evelyn Garzetta, Kathryn Calame, Walter Cadette</p>	<p><u>Buildings &amp; Grounds:</u>                      Bill Hogan - Chair, Joe Garzetta, Richard Lucal, Ron Mustello, John Rudy, David Swift</p>	<p><u>Fundraising:</u>                      Pamela Freeman, Evelyn Garzetta, Betty Rae Nittiskie, Janelle Styles</p>		<p><u>Lay Server Schedulers:</u>                      Joan McGilvray, Evelyn Garzetta</p>		<p><u>Hospitality Committee:</u>                      Jean Hayes, Katherine Mustello, Betty Rae Nittiskie</p>		<p><u>Finance Committee:</u>                      Barney Calame, Larry Graham, Cathy Shanks</p>	<p><b>ALTAR GUILD</b>                      Jean Hayes, Director                      Susan Quigley, Flower Chairperson                      Betty Rae Nittiskie, Secretary</p>
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# Grace Notes



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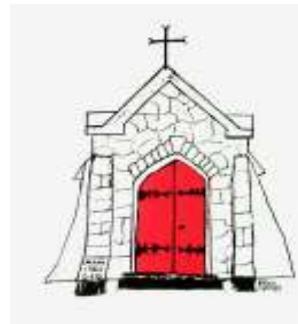
Grace Church, Millbrook, NY

**RECTOR'S REFLECTIONS**  
**THE REV. DR. MATTHEW CALKINS**

My mother has been working on a book about aging, when not watching football or old movies, or playing bridge with friends, or computer solitaire when alone, and we've had many a discussion about finding gains in the fourth quarter of life. The downsides are obvious and unavoidable: loss of mobility, energy, mental sharpness, and, most of all, friends and loved ones. Their graduation to life with God is a loss to those who remain. The gains are less obvious. But one, at least, is clear; you can speak your mind.

Consider this example. My mother recently attended a party for an old friend and was seated with a couple she did not know. New acquaintance has never stopped my mother from animated conversation. As the evening drew to a close, the gentleman said to my mother how enjoyable the evening was and how nice she was.

I'm not nice, she replied. I believe I am fair and just. I am loving and often compassionate. I can be helpful. But I am not nice. If you drop your napkin and you can pick it up, I won't pick it up for you. That way leads to letting people take advantage of you. That way leads to letting someone lie. We all have a hundred excuses about why we're late. I was too good a teacher to let my students get that bad habit.



*(Continued on page 2)*

The devil is the father of lies, Jesus once said (John 8:44). He spawned a big family. There are the little ones about why we couldn't do what we said we were going to, the ones we tell when we are trying to be nice, and the big lies, the ones that break those who believe in us, and the ones that shrivel our soul because we are lying to ourselves.

Peter was the first among the disciples to recognize that Jesus was truly the Messiah. Yet when Jesus told them that the Messiah must suffer and die, and be raised on the third day, Peter took him aside and said don't say that. Messiahs don't suffer and die, they triumph and rule. Jesus replied, Get behind me Satan. You have your mind on earthly things, not heavenly, not the way of God, the truth. That way—the way of the cross—includes suffering, loss, death. And new life, after.

Considered then in the light of eternity, it is a good thing to get old and die because that is the truth of this earthly life, that it will end—and new life begin. And it will be our true self who will stand face to face with our Lord and judge on that resurrection day. We will then know as we are known, and see as we are seen. And we will be judged, not on whether we were nice, but on whether we were fair and just, loving and compassionate. And true.

Here's hoping for victory in overtime.

See you on Sunday, Matthew+



## Blessing of the Pets

Following the 10:00 a.m. service Sunday, October 7th; all pets and stuffed animals welcome, also pictures are too! As in the past, we are asking for donations of cat and dog food (wet and dry); clean, used sheets or towels and litter. (No cash donations). These will be distributed between PANT and Hudson Valley Animal Rescue Sanctuary. Please leave donations in the back of the church.

**Millbrook at Home First Friday of the month meeting on October 5<sup>th</sup> at Maura's Kitchen at 12:00 p.m.**

## Grace Year Fellows:

Nastia Khlopina (from St. Petersburg, Russia, graduate of Dickinson College, working at St. Peter's in Lithgow)—[nastiakhlopina@gmail.com](mailto:nastiakhlopina@gmail.com)

Maihan Wali (from Kabul, Afghanistan, graduate of Gettysburg College, working at the Cardinal Hayes Home for Disabled Children)—[maihan.wali@gmail.com](mailto:maihan.wali@gmail.com)

Marcella Gallo (from Hawaii, graduate of Vassar College, working with the pre-school and youth groups at Grace Church)—[marcella.gallo@gmail.com](mailto:marcella.gallo@gmail.com)

Jorge Gruber (from Miami, FL, graduate of Vassar College, working with EPIC and GIO—Latino outreach at Grace Church)—[jogruber@vassar.edu](mailto:jogruber@vassar.edu)

Sophia McKean (from California, graduate of Reed College, working at the Cary Institute)—[sophiamckean@gmail.com](mailto:sophiamckean@gmail.com)

## Blessing of the Animals

at Trevor Zoo, Millbrook School on October 7th at 12:00 pm.

Come honor and celebrate the wonder and diversity of life on earth, to raise awareness of the plight of many endangered species around the world, and to remind us that we are all responsible for the care of God's creation. The event will begin at 12 pm at the Meigs Education Center and will be hosted Alan Tousignant, Director of the Trevor Zoo and the Rev. Dr. Matthew Calkins, Rector of Grace Church, Millbrook. Entrance fees will be waived for the event, and participants will be invited to different parts of the zoos where blessings and prayers will be offered for the animals in the zoo, and by extension all animals of the world, especially those in danger of extinction. There will be time for questions and conversations and to explore the zoo. All are welcome.

## Grace Immigrant Outreach GIO



“It is better to light a candle than to curse the darkness”  
Eleanor Roosevelt

### Grace Immigrant Outreach (GIO) September 2018 Report

We have had a very busy summer.

We are happy to announce that we have changed our name to “**Grace Immigrant Outreach (GIO)**”.

We will continue to use our Grace Latino Outreach GLO (now an AKA) for another year or to not confuse anyone who is familiar with our programs and previous name. We have determined that it will allow us to assure we are inclusive of all Immigrants.

GIO has a Grace Year Fellow, Jorge Gruber which also works for EPIC. GIO and EPIC share Jorge for fifteen hours each per week. GIO will also share Marcella Gallo, who is the Grace Church Fellow. She works with the Pre-School and will be creating a website for GIO. GIO applied and was awarded for several grants to meet the financial obligations for both GY Fellows for a total of \$27,500.

This past summer I attended a training through the New York Immigration Coalition and was accredited by the Department of Justice to work with Immigrants in applying for visas. Jorge and I will be working on a business plan to be approved by the DOJ to Recognize Grace Church as the not-for-profit organization. We will be able to accompany Immigrants to the Department of Homeland Security and Immigration Court hearings when applying for their visas. We are very excited that we will expand these services to the Immigrant Community.

We will use a sliding scale fee process, according to the rules and regulations of the DOJ.

GIO is starting a new ESL class in Millerton, NY. The population and need are great in the Village and we hope to be able to expand all our programs as well. We are grateful that The Northeast Community Center Program Committee and Board accepted our proposal and will host the classes free of charge to us on Mondays and Fridays. We will be suspending the Amenia class for the time being since many students could not get to the class for the fear of driving without a license.

Green Light Driving Together (Conejos) continues to meet on the second Monday of each month. We continue the quest to reinstate drivers licenses for undocumented Immigrants. This summer GIO participated in a walk-through demonstration at the Capital Building in Albany, a letter writing and call in campaign to Assembly Representatives and have introduced the bill A10273. Additionally, we are now requesting Governor Cuomo to sign an Executive Order for the drivers licenses until the bill is passed.

GIO is applying for a Grant from the Mid-Hudson Executive Committee. We are requesting funds to purchase translation equipment. We have seminars where the presenter does not speak their native language. The equipment would allow simultaneous translation.

Our plan is to allow Churches and any not-for-profit organizations to borrow the equipment in the Hudson Valley. We will include a liability clause letter in case of loss, theft or any breakage to the equipment the borrower would have to pay for replacement and/or repairs.

Respectfully,

Evelyn

Evelyn E. Garzetta  
Director ~ Grace Immigrant Outreach (GIO)

**E.P.I.C.**

Engaging People In Change (EPIC) is a leadership program for high school to college level students in the Dutchess County Community. Our 20 (Yikes!) members meet as a group every Friday night at the Grace Church Parish Hall from 5pm -9pm. As part of our mission outreach we go on trips to talk about the importance of leadership in the youth community. EPIC teaches us about real world problems happening around the globe and asks us what we are doing to improve the world we live in. EPIC is composed of youth from Millbrook, Dover, Pine Plains, Webutuck, and Dutchess Community College.

This year as a new program, Grace Church introduced Grace Year Fellows so Marcella and Jorge are helping out with the program. Last week we were visited by four members of the Hotchkiss School, two teachers, and two students.

We are so grateful for the support of the Grace Church family and we would like the community to support us even more by providing finger food desserts such as brownies, chocolate chip cookies, or lemon bars and FYI we have no nut allergies. This year, we hope to go on even more trips and have our biggest year yet.

**Grace Notes Septiembre Noticias**

Involucrar a la gente en el cambio es un grupo de liderazgo para los estudiantes secundaria hasta el colegio en la comunidad de Dutchess County. Nuestros veintinueve (ay!) miembros nos reunimos cada viernes en parish hall de la 5 hasta las 9. Como parte de nuestra alcance de la misión vamos en viajes para hablar de la importancia de liderazgo en la comunitaria de la juventud. EPIC nos enseña sobre los problemas en el verdadero mundo alrededor del mundo y nos pregunta qué vamos hacer para mejorar el mundo en que vivimos. EPIC está compuesta de jóvenes de Millbrook, Dover, Pine Plains, Webutuck, Arlington, Dutchess Community College y Vassar.

Este año es un nuevo programa, Grace Church introduce a compañeros del programa que se llama Grace Year, Marcella y Jorge, que nos ayuda con el

programa. La semana anteriores nos visitaron cuatro miembros de la escuela Hotchkiss dos maestros y dos estudiantes.

Estamos tan agradecidos para el apoyo de la familia de Grace Church y nos gustaría si la comunidad nos podría apoyar en prohibiendo postres como brownies, galletas de chocolate chip, barras de limón y solo pa que sepan nadie es alérgico a las nueces. Este año esperamos viajar más y tener nuestro mejor año todavía.

Written and translated by EPIC Members Ben Lacey (Millbrook), Max Toledo (Millbrook), and Adriana Gonzalez (DCC).

**Abby Nathanson**

845.420.4280

Director of Program Development for Grace Episcopal Church, Millbrook

**EPIC:** leadership and transformation with immigrant high school students

Grace Year: a fellowship for spirituality, leadership, and justice

**Gentle Yoga Movement**

In this class, we are looking to create a sense of health, happiness, and well-being. In addition to yoga, we incorporate aspects of Pilates and Somatic Movement. The benefits of this practice include building strength, improving balance, increasing flexibility, developing core muscles, relaxation, and peace of mind. We also like to have fun!

This class is suitable for beginners. Try a class for free to see if you like it.

Price \$86/ 6 classes

Thursdays from 10:30-11:30am in Grace Church Parish Hall.

# Calendar and Prayer Cycle

# October 2018



### Sunday Service Schedule:

8:00 Holy Eucharist  
 8:45 - 9:00 Rector's Forum  
 10:00 Family Service & Holy Eucharist

### Weekday Services:

Caregivers Support : Thursdays at 1 pm  
 ESL: Thursdays in Parish Hall / Fridays  
 in Choir Room: 6 – 9 pm

SUN	MON	TUE	WED	THU	FRI	SAT
	1 <i>Mendoza</i>	2 <i>Meyer</i>	3 <i>Mott</i>	4 6 pm ESL <i>Mueser</i>	5 Noon Millbrook at Home 3-5 pm Food Pantry 6 pm ESL <i>Muir</i>	6 <i>Muller</i>
7 11 am Blessing of the Pets 12 pm Blessing of the Animals at Trevor Zoo <i>Mustello</i>	8 <i>Muth</i>	9 <i>Nathanson</i>	10 <i>Neville</i>	11 6 pm ESL <i>Nittiskie</i>	12 3-5 pm Food Pantry 6 pm ESL <i>Noonan</i>	13 <i>Mr. &amp; Mrs. J. Page</i>
14 1 pm Coping with Life Alone <i>K. Page</i>	15 <i>Palmeiro</i>	16 <i>Pearson</i>	17 <i>Podmaniczky</i>	18 6 pm ESL <i>Quartararo</i>	19 3-5 pm Food Pantry 6 pm ESL <i>Quigley</i>	20 <i>Quinn</i>
21 1 pm Coping with Life Alone <i>Recknagel</i>	22 <i>Reill</i>	23 <i>Renfroe</i>	24 6:30 pm Women of Grace <i>Roach</i>	25 6 pm ESL <i>Rudy</i>	26 3-5 pm Food Pantry 6 pm ESL <i>Schumacher</i>	27 <i>Scribner</i>
28 11:30 am - 3 Lunch Box 1 pm Coping with Life Alone <i>Seaman</i>	29 <i>Sedlak</i>	30 <i>C. Shanks</i>	31 <i>J. Shanks</i>			

Time  to clean out your  bookshelves for the  
Grace Church WHALE of a Sale



**Nov. 2-4.**

Looking for most types and genres of books- *children's picture books especially*

*(good condition and good taste please)*

Children's , young adult, *fairly* recent adult fiction and non-fiction, classics, rare books, religion, history, and craft books

Please NO cookbooks or tapes- they never sell !

All boxes/bags of books can be dropped off upstairs in parish house, week of Oct. 27, 9-12 and Sundays after church. But please let me know that you have done so. 677-5174, 914-456-1097cell or lboissey@aol.com

If you need help getting the books to church, please call, text or email me.



Thanks so much...

Lynda Boissey

*The Book Sale Lady*

## Daily Prayers and Meditations

Last year, when the congregation joined together in reading The Path, an abridged version of the Bible, Grace Church sent out a daily email with a reading and prayer. We have also sent out daily meditations written by parishioners at various times.

A number of people have expressed interest in continuing to receive daily meditations and prayers by email. There are a variety of online meditations and prayers available, most of which can come to you by email every day. If you are interested in receiving such daily material, here is information to help you.

**Forward Day by Day** is sponsored by the Episcopal Church. They have several offerings including daily meditations and guidance for praying the daily office. General information about these options can be obtained here:

<http://prayer.forwardmovement.org>

Information about receiving Forward Day by Day by email can be obtained here:

<https://www.forwardmovement.org/EFDD/Default.aspx>

They also have an app for your phone:

<https://itunes.apple.com/us/app/forward-day-by-day/id561455965?mt=8>

### **Center for Action and Contemplation**

Richard Rohr is a Franciscan priest, ecumenical teacher and founder of the Center for Action and Contemplation. You can receive his daily meditations in your email by going to the site below and clicking on "sign up" in the upper left corner.

<https://cac.org/richard-rohr/richard-rohr-ofm/>

# COPING WITH LIFE ALONE

A BEGINNING EXPERIENCE WEEKLY SUPPORT PROGRAM

For SEPARATED, DIVORCED, and WIDOWED Individuals

SUNDAYS from 1 pm – 3:30pm

(The first and last sessions will be a little longer)

SUNDAY, OCTOBER 14<sup>TH</sup> through December 9<sup>th</sup>

GRACE EPISCOPAL CHURCH, 3328 FRANKLIN AVENUE,  
MILLBROOK, NY 12545

**Coping with Life Alone** is the first in a series of several programs developed by the Beginning Experience International Ministry, Inc. for persons grieving the loss of a love relationship through death, divorce, or permanent separation. This program is intended for those in the early stages of grieving this loss, but it can also be helpful for those who are further along in their grieving process.

This program offers strength and growth through a community of friendship, support, and prayer. The program's facilitators have themselves experienced a divorce or the death of a spouse.

For further information or to register, call Beth at 845-373-8202



## 2018 Parish Retreat NOVEMBER 16-17, 2018

Join Fr. Matt and other members and friends of Grace Church, including the *Grace Year Fellows*, for a two-night retreat and workshop at Holy Cross Monastery, an Anglican Benedictine monastery bordering the Hudson River in West Park, NY (across from Hyde Park).

### WORKSHOP OFFERING:

FORGIVENESS. UNDERSTANDING, HEALING AND RELEASE  
USING THE TECHNIQUES OF FAMILY CONSTELLATIONS

Saturday, 9 am – 12 pm

Led by Dan Gates, this workshop offers a safe environment in which you will have the opportunity to uncover the ways in which your past may be affecting your everyday life.

\* Workshop fee is included with Retreat Cost. If you wish to attend the workshop only, the fee is \$50.

### WORSHIP WITH THE BROTHERS:

You are welcome to attend any and all of the regularly scheduled sung worship services of the monastery in their beautiful chapel (and there are many).

HOLY CROSS  
MONASTERY  
WEST PARK, NY

CHECK IN:  
ON OR AFTER 2 PM  
ON FRIDAY, NOV. 16

CHECK OUT:  
BY 10 AM ON  
SUNDAY, NOV. 18

RETREAT COST:  
(room + meals +  
workshop)  
**\$140 / double  
occupancy,**  
*four rooms available*

**\$200 / single  
occupancy, two  
rooms available**

If rooms are already reserved, we will have a waiting list. It is a popular weekend at the monastery (through seasons).

For more information, contact the parish office at [grace@gracemillbrook.org](mailto:grace@gracemillbrook.org)

## Sunday School/Youth Group

**“Children are not the church’s future, they are its present.” Father Matt**

At this time, we have 26 children enrolled in Sunday School and Youth Group. This year we will be using the Sunday Paper’s Communion Book for Children, **Alleluia! Amen.**

We are also using The Sunday Paper Junior which follows the Gospel for each Sunday. It can be read aloud to the children with a talk about the pictures in it or for some beginner readers, they can read to the class.

The first lesson was about including everyone in our church...that we all can be Jesus’ helpers. The second lesson is about Jesus and the little children. Each week there is an activity page which the children can use in class or take home to finish...we have been working on them in class.

We met Marcella a few weeks ago. Jorge and Mihan came to speak with our children about what it was like growing up and their life in the church when they were young. We are also marking a world map to show the children the many places the Grace fellows are from.

Lunch Box continues. We are working on a potential fundraiser for Sunday School/Youth Group. Be on the look out for some form of Halloween decoration that we will be selling. We will also be selling something at the St Nicholas Bazaar on December 8<sup>th</sup>.

Pageant practice will begin in the beginning of December with the Pageant occurring on December 23<sup>rd</sup>.

Betty Rae Nittiskie

## St. Nicholas Bazaar

**December 8<sup>th</sup>, 2018, 10:00 am – 3:00 pm**

December is only three months away. Time to sign up and reserve your space for the St. Nicolas Bazaar.

Spaces are \$25.00 if paid by October 31<sup>st</sup> and \$35.00 after. A Space gets you a six-foot table.

This year we are trying something different besides using the Parish Hall. If you have your own tent (10 ft. x 10 ft) you will be able to set up outside in the driveway. A tent space will be \$35.00 if paid by October 31<sup>st</sup> and \$45.00 after.

Spaces for both are only guaranteed after payment is received and is non-refundable for any reason.

Let’s get your creative juices flowing and show all how creative you are!

We also have our cookie sale on the same day so get your baking skills out of the pantry. Last year we sold out so we need more bakers who could donate 6 dozen cookies (if possible).

Please contact Elizabeth Leiber at [edegrof@lizleiber.com](mailto:edegrof@lizleiber.com) or Jean Hayes at [shayes9401@aol.com](mailto:shayes9401@aol.com). You can get an application form at [gracemillbrook.org](http://gracemillbrook.org) or from the office.

Jean Hayes and Elizabeth Leiber

