

**DIRECTORY**

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<p><b>VESTRY</b>  <u>Wardens:</u>                  Kathryn Calame                  Barbara Rudy  <u>Treasurer:</u>                  Cathy Shanks, Class of 2018  <u>Members:</u>                  Lynda Boissey, Class of 2018                  Pamela Freeman, Class of 2016                  Evelyn Garzetta, Class of 2016                  Nanci Kryzak, Class of 2017                  John Lacey, Class of 2017                  Richard Lucal, Class of 2016                  Ron Mustello, Class of 2018                  Kyle Van De Water, Class of 2017                  Beth Willis, Class of 2016</p>	<p><b>TASK FORCES AND PROGRAMS</b>  <u>Outreach:</u>                  Chair: Robin Capers  <u>Latino Outreach:</u>                  Chair: Evelyn Garzetta, Kathryn Calame, Walter Cadette  <u>Fundraising:</u>                  Pamela Freeman, Evelyn Garzetta, Betty Rae Nittiskie, Janelle Styles  <u>Lay Server Schedulers:</u>                  Joan McGilvray, Evelyn Garzetta  <u>Hospitality Committee:</u>                  Jean Hayes, Katherine Mustello, Betty Rae Nittiskie  <u>Finance Committee:</u>                  Barney Calame, Larry Graham, Cathy Shanks  <u>Stewardship Committee:</u>                  Kathryn Calame, Barbara Rudy  <u>Buildings &amp; Grounds:</u>                  Bill Hogan - Chair, Joe Garzetta, Richard Lucal, Ron Mustello, John Rudy, David Swift</p> <p><b>ALTAR GUILD</b>                  Jean Hayes, Director                  Susan Quigley, Flower Chairperson                  Betty Rae Nittiskie, Secretary</p>

# Grace Notes



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Grace Church, Millbrook, NY

## RECTOR'S REFLECTIONS

THE REV. DR. MATTHEW CALKINS

### Watching the Fire

I was explaining the [Jesus Prayer](#) to a group of (mostly) young seminarians on retreat at [Holy Cross Monastery](#) in West Park a couple of weeks ago. (Did you know there is an Episcopalian monastery sitting on the banks of the majestic Hudson across from Hyde Park; check it out.)

I was there with the retreat leader Sr. Elizabeth Broyles of the newly formed order [Companions of Mary the Apostle](#). She was teaching the first-year seminarians from [Berkeley Divinity School](#) (the Episcopal divinity school at Yale) about how monastics use a communal rule of life as a trellis for spiritual growth—and individuals can benefit from the practice as well. I was asked to say something about prayer.

There are many kinds of prayer—The Prayer Book lists seven “principal kinds” (it’s in “The Catechism” on page 856; [look it up](#)). But I focused on the first two: adoration and praise. Adoration is simply lifting up heart and mind to God, “asking nothing but to enjoy God’s presence.” Just so, “We praise God, not to obtain anything, but because God’s Being draws praise from us.”



(Continued on page 2)

Isn't that lovely? The first two and most fundamental forms of prayer are rather like sitting in front of a warming fire—think burning bush—and seeing beauty in an evening's sunset. We have only to take time and give attention and offer ourselves to the eternal dwelling within the moment, the Being behind the endless succession of becoming that is the world. If we do that, if we sense that, then praise and adoration of God are the natural result.

So what's the Jesus Prayer? Well, it is an ancient prayer particularly popular in the Orthodox tradition. It is a short mashup of a couple of verses of gospel: "Lord Jesus Christ, Son of God, have mercy on me, a sinner." Repeated quietly or silently in rhythm with one's breathing, it helps to still the mind and bring it down, as the Orthodox teachers of prayer like to say, into the heart.

It's not easy to still the mind, is it? Our racing thoughts and anxious concerns keep jumping into the quiet fireside scene like small children playing loudly upstairs after they've been told to go to bed (don't make me come up there!).

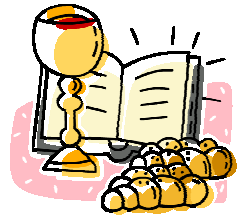
Let it go, the teachers say; do not cling to or follow the intruding thoughts. Come back to the still center, the quiet fire, the breath prayer.

But perhaps the Jesus Prayer is itself distracting—to think of oneself as sinner does not accord with the modern virtue of healthy self-esteem. The seminarians nodded. Yet, of course, it is true. Pope Francis in his first [interview](#) after his election was asked to describe himself. He replied, "I am a sinner whom the Lord has looked upon."

And if you think about it—to admit our sinful nature is comforting. Relax. No use trying to impress God with how good you are, what good things you have done, what great plans you would like God to help you with. God is not impressed with boasting. On the contrary.

In the deep dark place where we are naked and alone and lost—yet we hear, if we listen, God's searching question, "Where are you?" So, God sought Adam in the Garden of Eden, as Sr. Elizabeth pointed out. The humbled soul replies, "Here I am." God probes, "Why are you hiding?" "I am naked and ashamed." "Well, don't be. I love you even so. You can't stay in this place though. You have to go out into the world. But I'll tell you what. Why don't we meet early in

the morning; find a quiet place to sit, a warm cup of coffee in your hand, and Jesus and the holy Spirit by your side and in your heart. Light a candle and watch the fire. I'll be there (I'm always there). We will just sit for a minute, as daylight grows. How does that sound?"



## Millbrook Community Preschool Open House

Millbrook Community Preschool at Grace will hold a Winter Open House on Saturday, March 10<sup>th</sup>, from 3-5 PM, for families interested in enrollment. Please let your friends and neighbors know about us! For more info, please call MCP director, Deborah Coconis at 677-5325.

## Gracie's Attic Needs Donations

If part of your Lenten practice includes "decluttering," please think of Gracie's Attic as you sort thru jewelry, collectibles, dishes or furniture you may no longer need. We have a way to sell large furniture by auction and such sales are quite helpful for the church. Any donation is very much appreciated. You may leave smaller donations at the church office. To arrange for larger donations, contact Kathryn Calame ([Calame.kathryn@gmail.com](mailto:Calame.kathryn@gmail.com) or 845-266-8520).

# First Ecumenical Pancake Supper



First Ecumenical Shrove Tuesday Pancake Dinner—a big success.

The tables filled quickly with folks from from the three churches in town for a delicious Shrove Tuesday—aka Fat Tuesday/Mardi Gras—pancake supper. The Men of Grace did the

cooking and a number of youth group members provided the service. Just about ran out of pancake batter at the end—a sure sign of a good time. It was fun for all and thanks to everyone who helped out, with special thumbs up for Bill Hogan, Lynn Kasin, Ron Mustello and John Lacey for



organizing, pre-cooking the bacon and handling the grill and young folks.

Here are some pics



## Grace Latino Outreach (GLO) March 2018



### Recognition and Accreditation through Department of Justice (DOJ) & Office of Legal Access Programs (OLAP):

We continue to take the steps for Grace Episcopal Church Millbrook to be recognized and I to be accredited through the DOJ and OLAP to receive our certificate. I will continue the courses which are required to assist immigrants' complete immigration paper work such as DACA, citizenship, asylum and to accompany them to immigration court. It is a long process, but we will persevere in our quest to assist all immigrants in need.

Robert Fuchs (Immigration attorney) who speaks at our 'Know Your Rights' sessions has agreed to be our mentor and to assist in questions and/or cases which may need further attorney legal advice We as well will continue to provide other immigration attorney names who will be vetted, and we will ensure that they are low cost for immigrant clients.

As we move forward with these steps and details of the Recognition and Accreditation process through the DOJ and OLAP we find that we need to add another name to Grace Latino Outreach. The GLO Advisory Board has approved the additional name of: 'Grace Immigrant Outreach'. We need to be inclusive of all immigrants. The new name is as follows: **Grace Latino Outreach/Grace Immigrant Outreach (GLO/GIO)**

### ESL Classes:

ESL classes in Amenia and Millbrook need bilingual volunteer instructor(s) for basic level classes; and non-bilingual for advanced students. Please contact Evelyn Garzetta at [evelynelizabethgarzetta@gmail.com](mailto:evelynelizabethgarzetta@gmail.com) if you or someone you know wishes to volunteer. The commitment days are Mondays, and Thursdays from 6:00 PM until 9:00 PM.

### GRANTS:

GLO received the award letter from Episcopal Charities for the Basic Human Grant this past week. We have had a visit from an advisory board member. We

applied for \$18,500 and have been awarded the entire amount. Our deep gratitude to Episcopal Charities and their Advisory Board. This grant will allow GLO/GIO to continue and expand our programs. I have attached a copy of our programs for your information.

GLO/GIO looks forward to 2018 in growing our existing and new programs. This will result in the growth of our immigrant communities for all with the inclusion of documented and undocumented immigrants.

### Lighting the Future

GLO/GIO provides the following no fee programs:

- Accompaniment and/or translation assistance to medical doctor, dental, clinic, and Hospital visits
- Advocacy for all immigrants
- Assistance in completing and/or translation of forms
- Assistance in obtaining domestic, landscaping and farm positions (when available)
- English as a Second Language Classes
- Reduced eye glass cost through Pearl Vision
- Referrals to qualified immigration, family and/or real estate attorneys
- Micro-loans

GLO collaborates and/or is a member with/of the following Agencies:

Healthy Black Latino Coalition Poughkeepsie (Member), Catholic Charities, Community Action Partnership, Dutchess Unidos, Eastern Dutchess Rural Health Network (Member EDRHN), New York Immigration Coalition (Member), Somos La llave del Futuro, Upstate Network for Immigration Rights (Member UNIR Steering Committee), Green Light NY: Driving Together Coalition, Workers Justice Center of New York, Community Photo ID's

# Calendar and Prayer Cycle

## March 2018



### Sunday Service Schedule:

8:00 Holy Eucharist  
 8:45 - 9:00 Rector's Forum  
 10:00 Family Service & Holy Eucharist  
 - Sunday School 11 am - 11:35 am

### Weekday Services:

Healing Service: Wednesdays at 10 am  
 Bible Study: Wednesdays at 10:45 am  
 Caregivers Support : Thursdays at 1 pm  
 ESL: Thursdays in Parish Hall / Fridays in  
 Choir Room: 6 – 9 pm

SUN	MON	TUE	WED	THU	FRI	SAT
				1 6 pm ESL <i>Calkins</i>	2 3-5 pm Food Pantry 6 pm ESL <i>Camillo</i>	3 <i>Capers</i>
4 <i>Carlson</i>	5 <i>Carolei</i>	6 <i>Chase-Paschali</i>	7 <i>Cody</i>	8 6 pm ESL <i>Mr. &amp; Mrs. F. Collins</i>	9 3-5 pm Food Pantry 6 pm ESL <i>Conklin</i>	10 3-5 pm Millbrook Commu- nity Preschool Open House <i>Cook</i>
11 <i>Creswell</i>	12 <i>Curtis</i>	13 <i>De la Rock</i>	14 <i>DeFrank</i>	15 6 pm ESL <i>Delaney</i>	16 3-5 pm Food Pantry 6 pm ESL <i>deMartine</i>	17 <i>Dichiara</i>
18 <i>Mr. &amp; Mrs. C. Dyson</i>	19 <i>Mr. &amp; Mrs. J. Dyson</i>	20 <i>R. Dyson</i>	21 <i>Fellows</i>	22 6 pm ESL <i>Freeman</i>	23 Vestry Retreat 3-5 pm Food Pantry 6 pm ESL <i>Galente</i>	24 Vestry Retreat <i>Garbellano</i>
25 <b>Palm Sunday</b> 11:30 am - 3 Lunch Box <i>Garzetta</i>	26 <i>D. Glass</i>	27 <i>Gomez</i>	28 6:30 pm Women of Grace <i>Graham</i>	29 6 pm ESL <i>Gunther</i>	30 3-5 pm Food Pantry 6 pm ESL <i>Guyen</i>	31 <i>Mr. &amp; Mrs. J. Hall</i>

## Annual Meeting

The 2018 Annual Meeting of Grace Episcopal Church took place on the last Sunday of January (known in New England as the week before the Patriots play in the Super Bowl—but no win this year—go Eagles). The congregation listened to the Rector's Annual Address during the 8 and 10 o'clock services and then re-assembled in the second floor of the parish hall for the Meeting and potluck lunch. The meeting began with prayer around 11:30 and adjourned at 12:30 with a blessing over the food.

In between, new Vestry members were elected, 2017 reports were received and question answered. Re-elected for her second two-year term as Warden was Kathryn Calame (up to three two-year terms are allowed in the by-laws). John Lacey was re-elected to his second term as Vestry member (two three-year terms are allowed). Cathy Shanks, who continued to serve as Treasurer during a year off from Vestry, was re-elected to the Vestry. And new member Ron Mustello was elected for a first term. He has been serving on the Property Committee and will serve as liaison to Vestry for that committee. Delegates to the diocesan convention were also re-elected: Evelyn Garzetta and Ida Leung, with Joe Garzetta as alternate.

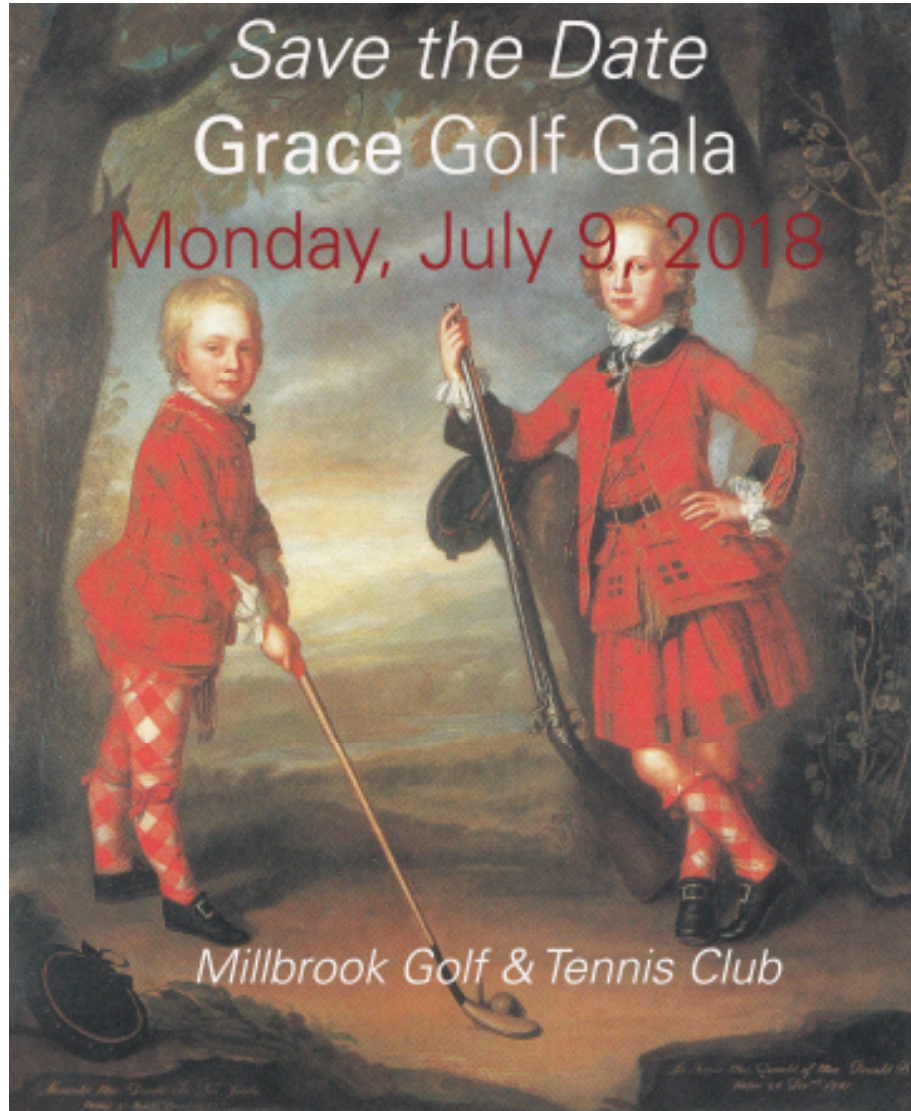
Reports from the Rector, Warden, Treasurer, Finance Committee, and programs areas such as Altar Guild, Sunday School, Youth, Preschool, Grace Latino Outreach, food programs, and EPIC regional youth leadership group were included in the packet available at church and online (<https://www.gracemillbrook.org/wp-content/uploads/2018-annual-report.pdf>). Cathy Shanks highlighted the Treasurer's Report—which showed a slight surplus of income over expenses for 2017—and answered questions. Larry Graham, speaking on behalf of the Finance Committee, introduced the budget and answered questions on that score. The budget as printed was slightly revised from the budget as passed at the January meeting due to an upward revision of the diocesan assessment received shortly after that meeting. The revised budget balanced the income and expenses with an upward revision in projected pledge income—and as of the end of February, as this article is written, that pledge goal has been reached and the revised budget adopted at the February 21 meeting. Other questions about the budget and the process for adopting and revising were raised and answered at the Annual Meeting but if questions remain, or you would like more information on

church finances, please feel free to inquire of Cathy, the Wardens or Rector, or members of the Finance Committee and Vestry.

It was noted during the budget discussion that the outreach programs represented a fair piece of the total budget—but were funded through grants and fees (tuition in the case of the preschool). Credit was given to Maureen Satma a Debra Coconis directors of the Community preschool, Evelyn Garzetta as director of GLO and Abby Nathanson, director of EPIC, for their fine work in securing grant support. The Meeting also included a brief discussion on the proposed use of the Vicarage for a young adult fellowship program to be known as Grace Year (<https://www.graceyear.org>) scheduled to begin in August 2018 under the program direction of Abby. A question was raised concerning zoning issues. Although the answer was not at hand then, Cathy Shanks and Matt Calkins have since gone to the village and confirmed that zoning allows the proposed use.

One of the accomplishments of 2017 was re-roofing the church. The money for this was drawn from a Roof Fund that was a result of matching contributions from Grace and the Diocese over a number of years. The church roof came in very economically, as well as done according to the rigorous specifications of the diocesan project supervisor. This means there is a fair amount of money remaining in the fund. A question was raised about whether the Roof Fund can be used for other roof projects in the Grace campus. The answer to that question has also been answered since—the fund is available for other church properties—and it ought to be used since the diocese is no longer contributing principal or interest. Consequently, the Vestry approved its use for a new roof on Parish Hall at the February meeting.

The meeting was followed by a wonderful abundance of dishes from members of our parish—and plenty of conversation and laughter. Thanks to all who helped.



**Save the Date**

12<sup>th</sup> Annual Grace Golf Tournament & Gala. Monday, July 9<sup>th</sup>, 2018. Call Pam Freeman at 635-8504 or Betty Rae Nittiskie at 677-6308 to join the committee.

**Holy Week & Easter Services**

**Palm Sunday – March 25<sup>th</sup>**

Services at 8:00 am & 10 am

Special Ecumenical Blessing of the Palms at Bandshell across from Grace at 9:30 am

After blessing, we will process to Grace for the 10 am service.

**Maundy Thursday Liturgy – March 29<sup>th</sup> – 7 pm**



**Good Friday – March 30<sup>th</sup>**

12 pm St. Peter's Lithgow  
7 pm Grace Church



**The Great Vigil of Easter – March 31<sup>st</sup> - 7 pm**

**Easter Sunday – April 1<sup>st</sup>**

Services at 8:00 am & 10 am

**Easter Egg Hunt**

Following the 10 am service on Easter Sunday. Bags will be provided



## Sunday School News

**“Children are not the church’s future, they are its present.” Father Matt**

On February 4<sup>th</sup>, we celebrated Candlemas. All of the children enjoyed participating in the Blessing of the Candles at the Altar with Father Matt. Each family took a candle home. There was also a Blessing of the Seeds. Tommy M remembered to bring some sunflower seeds to be blessed... way to remember, Tommy! Following the service, we all enjoyed delicious tamales made by the Lieber and Page families.

We had some fun activities in Sunday School again tis month. One had to do with team work. Each team had 6 plastic drinking cups, one rubber band and four pieces of yarn, tied to the rubber bands in four evenly spaced out spots. As a team, the children had to work together to move the plastic cups into a pyramid shaped “wall”. This activity was part of the lesson where Nehemiah and all his people rebuilt Jerusalem.

We also learned about Mary’s Song of Joy which she sang after the angel Gabriel visited to tell her she was chosen to bear a son named, Jesus. In another lesson, we talked about baptism and recalled the baptisms we have seen in our own families or in church.

**AND**, we have two new children in Sunday School!! Welcome to Blake and Chase.

The Youth Group has planned an activity called “Steps Toward God”. Students will create a goal of steps per week and track this on their smart phones. For our younger students, physical activity time will be tracked. (See John Lacy or Jonathan Shanks for details on this.)

Betty Rae Nittiskie

## Easter Flowers

At Easter, we rejoice in the risen Christ with a beautifully decorated church. We will publish the names of those whom you wish to memorialize and/or give thanks for in the Easter bulletins. You may use this form and return it to the Parish Office no later than, Monday, March 19<sup>th</sup> in order to be included in the Easter bulletin. Offerings in any amount are welcome for holiday flowers. Please enclose your payment and make your check payable to: *“Grace Church - Easter Flowers”*



Please print clearly

Given by: \_\_\_\_\_

In loving memory of: \_\_\_\_\_

*And/or*

In thanksgiving for: \_\_\_\_\_

*Or*

\_\_\_ I do not wish to have a memorial printed in the Easter bulletin; however, I would like to make a donation toward the Easter flowers.

Check/cash enclosed for: \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_

**Thank you for your donation and have a joyous Easter.**





## March 2018 Service Schedule (Revised)

If you are unable to serve, you are responsible for finding your own replacement. Schedule changes after the 15th will not be in Grace Notes. For any questions regarding the schedule, please call the Lay Server Schedulers, Joan McGilvray at 635-3021 (email [bmcgilvray4@gmail.com](mailto:bmcgilvray4@gmail.com)) for the 8:00 service or Evelyn Garzetta at 518-789-0793 (email [evelynelizabethgarzetta@gmail.com](mailto:evelynelizabethgarzetta@gmail.com)) for the 10:00 service. Thank You!

	<u>March 4</u>	<u>March 11</u>	<u>March 18</u>	<u>March 25</u>
<u>8:00 am Service</u>				
Usher	Kyle Van De Water	Maurice Neville	Betty Rae Nittiskie	Jean Hayes
Reader	Kathryn Calame	Elliot Lindsley	Kathryn Calame	Elliot Lindsley
Chalice	Brenda de Martine	Valerie La Robardier	Brenda de Martine	Valerie La Robardier
Coffee Hour	Cathy Shanks	Karen Whitton	Betty Rae Nittiskie	The Calames
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<u>10:00 am Service</u>				
Usher 1	Susan Quigley, Lori Whitley	The Ball Family	The Garzetta Family	The Rudy Family
Usher 2	Kasin Cooper, Sarah Leiber			
Reader	Marian Thompson	Nanci Kryzak	Juana Lopez	Joe Garzetta
Acolyte	Isabella Lucal, Sophia Lucal	Harry Leiber	Madeline Lacey	Steven Bryant
Chalice 1	ML Ball	Ida Leung	Lisa Lacey	Jane Meigs
Chalice 2	Barbara Rudy	Pam Freeman	John Lacey	Lynda Boissey
Server 1				
Server 2				
Coffee Hour	The Garzetta Family	Sandy Podmaniczky	Grace Latino Outreach	The Mustello Family
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<u>Readings</u>				
First Reading	Exodus 20:1-17	Numbers 21:4-9	Jeremiah 31:31-34	Isaiah 50:4-9a
Psalms	Psalms 19	Psalms 107:1-3, 17-22	Psalms 51:1-13	Psalms 31:9-16
Epistle	1 Corinthians 1:18-25	Ephesians 2:1-10	Hebrews 5:5-10	Philippians 2:5-11
Gospel	John 2:13-22	John 3:14-21	John 12:20-33	Mark 14:1-15:47



## April 2018 Service Schedule

If you are unable to serve, you are responsible for finding your own replacement. Schedule changes after the 15th will not be in Grace Notes. For any questions regarding the schedule, please call the Lay Server Schedulers, Joan McGilvray at 635-3021 (email [bmcgilvray4@gmail.com](mailto:bmcgilvray4@gmail.com)) for the 8:00 service or Evelyn Garzetta at 518-789-0793 (email [evelynelizabethgarzetta@gmail.com](mailto:evelynelizabethgarzetta@gmail.com)) for the 10:00 service. Thank You!

	<u>April 1—Easter Sunday</u>	<u>April 8</u>	<u>April 15</u>	<u>April 22</u>	<u>April 29</u>
<u>8:00 am Service</u>	<i>To Be Determined</i>				
Usher		Bruce McGilvray	Kyle Van De Water	Bruce McGilvray	Maurice Neville
Reader		Valerie LaRobardier	Elliot Lindsley	Kathryn Calame	Beth Willis
Chalice		Joan McGilvray	Beth Willis	Joan McGilvray	Brenda de Martine
Coffee Hour		Brenda de Martine	Cathy Shanks	Karen Whitton	The Calames
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<u>10:00 am Service</u>	<i>To Be Determined</i>				
Usher 1					
Usher 2					
Reader					
Acolyte					
Chalice 1					
Chalice 2					
Server 1					
Server 2					
Coffee Hour					
<hr/>					
<u>Readings</u>					
First Reading	Acts 10:34-43	Acts 4:32-35	Acts 3:12-19	Acts 4:5-12	Acts 8:26-40
Psalm	Psalm 118:1-2, 14-24	Psalm 133	Psalm 4	Psalm 23	Psalm 22:24-30
Epistle	1 Corinthians 15:1-11	1 John 1:1-2:2	1 John 3:1-7	1 John 3:16-24	1 John 4:7-21
Gospel	John 20:1-18	John 20:19-31	Luke 24:36b-48	John 10:11-18	John 15:1-8